

**INTERNATIONAL
SHORT
BREAK
ASSOCIATION
CONFERENCE
2023**

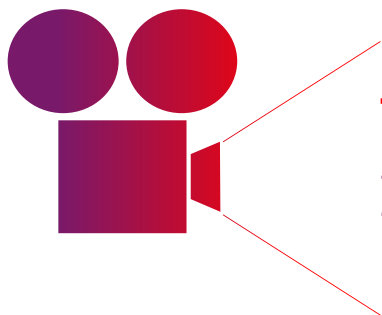


**BUILDING
BETTER
BREAKS
TOGETHER**

14.00–15.30

Author's meeting with Fundacion chilena para la discapacidad (FCHD). People who care:

The challenges of caring for people with disabilities in Chile.




17.00

Film screening and mini-concert.
Title: Sonata, 2021, Poland,
1:58 minutes.

19.45

Welcome drink

 Join us for a welcome drink and snack, meet people who will share their experience in the power of short breaks during our conference, and collect your conference package. We will also be joined by those whose lives have inspired the filmmakers of Sonata.

The Lower Silesian Film Center (DCF) is a cultural institution run by the local government of the Lower Silesian Voivodeship, involved in a wide range of film-related activities: from cinemas, co-organising film festivals, screenings and special shows, educational programming, to supporting film production through funding as part of the Lower Silesian Film Competition and the Wrocław Film Commission.



The Plot: Grzegorz, diagnosed as an autistic child, lives in his hermetic world, unable to establish contact with others. When he turns fourteen, it turns out that the cause of isolation is not autism, but hearing loss, which hides great musical talent. Thanks to the auditory implant, Grzegorz begins to learn sounds, words and music with which he falls in love. He wants to become a pianist and perform at the philharmonic hall. Nobody but himself and his closest family believes that a deaf boy - although supported by modern technology - will make his dream come true.

After the screening conference guests will meet in person the main character of the movie - Grzegorz, who will give us a sample of his musical talent.



8.00–9.00

Registration + coffee

9.00–9.30

Opening ceremony

9.30–10.30

Plenary session

- ☰ Respite is a right, not a privilege.
We must have power to act. We must act to win.

Lidia Lempart Chief Executive Officer,
ORaToR Association, Poland

- ☰ Networking and icebreaker activities.

Maria Zięba, Expert, coordinator, trainer,
Ładne Historie Foundation, Poland
Krzysztof Bielaszka, Expert, coordinator, trainer,
Ładne Historie Foundation, Poland

10.30–11.00

Coffe break

11.00–12.30

Plenary session

- ☰ An Incomparable Adventure:
until Table Tennis World Champion
and after.

Nuno Machado, Vice-President of A.N.D.D.I.
(National Sports Association for Intellectual
Development), Portugal

- ☰ Networking activities.

Maria Zięba, Expert, coordinator, trainer,
Ładne Historie Foundation, Poland
Krzysztof Bielaszka, Expert, coordinator, trainer,
Ładne Historie Foundation, Poland

12.30–13.30

Lunch

13.30–15.00

Workshop Sessions

15.00–15.30

Coffe break

15.30–17.00

Workshop Sessions

20.00

Gala Dinner:
food, drinks, music and people

- ☰ **location**

Piwnica Świdnicka Restaurant and Brewery,
Rynek Ratusz 1A, Wrocław

The gala dinner will take place at Piwnica Świdnicka: operating since 1273, it is the oldest restaurant in Europe, still telling its long story, but also open to novelties. The owners' philosophy is to provide the best possible service, with the cuisine based on refined flavours, beer that is freshly brewed on-site, regional products, offering traditional dishes with a modern twist and historical dishes as they have always been served in this old inn.



Block A1

room S8

RESPIRE INNOVATIONS – INCLUSIVE TOURISM, ACTIVITY
– AND ADVENTURE-BASED SUPPORT

A1.1

Respite Care Provider Training and Recruitment Pilot Project Results – A follow up to the Respite Care Worker Core Curriculum Training Pilot presentation given at the 2021 ISBA Virtual Conference.



TRAINING – RECRUITMENT – NATION-WIDE – RESEARCH – PROVIDER – CURRICULUM

PRESENTERS: Kim Whitmore, PhD, RN, CPN, Assistant Professor, Marquette University College of Nursing, Rachel Watkins-Petersen, Project Manager, Respite Care Association of Wisconsin

ORGANIZATION: Respite Care Association of Wisconsin

COUNTRY: USA

A1.2

Building Better Breaks Together via Adventure-Based Support: Memory Camps.



NATURE – REPLICABLE – DEMENTIA-CARE – CONNECTION – LIFE-CHANGING – CAMP – VOLUNTEERS

PRESENTER: Rachel Watkins-Petersen, Project Manager

ORGANIZATION: Respite Care Association of Wisconsin

COUNTRY: USA

A1.3

Bringing Respite to Your Community – Supporting Others in Creating Respite Programs.



CREATING – LIFESPAN – NEW PROGRAMS – COMMUNITY – START-UP – BUSINESS SUPPORT – PROGRAM DESIGN

PRESENTERS: Val Madsen, MS, CTRS, Training & Development Specialist

ORGANIZATION: Respite Care Association of Wisconsin

COUNTRY: USA

Block B1

plenary room

INCLUSIVE TOURISM, ACTIVITY- AND ADVENTURE-BASED
SUPPORT – COMMUNITY BASED SUPPORT PROGRAMS

B1.1

Gauraflokkur: a summer camp for ADHD boys in Iceland.



ADVENTURES – ACTIVITIES – INDIVIDUAL NEEDS – CHALLENGES – FUN – EQUALITY – KINDNESS

PRESENTER: Sigurbjörg Fjölfnisdóttir, Clinical psychologist and director of the Welfare department at Mosfellsbær municipality

ORGANIZATION: Individual - specialist

COUNTRY: Iceland

B1.2

Care for close person – How to experience professional burn out without working a single day



CARE FOR CLOSE PERSONS – INTERVENTION RESEARCH – SUPPORT PROGRAM – EMOTIONAL SUPPORT – REALIZED DESIRES AND UNCONSCIOUSNESS NEEDS – SPECIFIC LIFE SITUATION – WORRIES AND FEARS

PRESENTER: Michal Danielewicz, Research and analysis expert

ORGANIZATION: The Educational Research Institute

COUNTRY: Poland

Block C1

room S7

COMMUNITY BASED SUPPORT PROGRAMS
– RESPIRE INNOVATIONS

C1.1

Homesharing brings joy to everyone.



FRIENDSHIP – SHARING – SELF-DISCOVERY – ADVENTURE – EXPERIENCE – UNDERSTANDING – REST

PRESENTERS: Radka Ondrušková, homesharing coordinator in the LÍP A SPOLU organization, Lucie Nováková, the host of a seven-year-old boy with autism. She works as a volunteer coordinator, communication and PR assistant at the Regional Volunteer Center in Liberec.

ORGANIZATION: LÍP A SPOLU

COUNTRY: Czech Republic

C1.2

Addressing Compassion Fatigue in Non-profit Respite Staff.



COMPASSION FATIGUE – LEADERSHIP – SUPPORTING STAFF – MANAGERS – COMPASSION

PRESENTER: Dr. Megan Schwalm, Executive Director

ORGANIZATION: Tennessee Respite Coalition

COUNTRY: USA

Block D1

room S6

RESPIRE INNOVATIONS

D1.1

Experiences, incidents of a foreign mother of a special child in Iceland.



FAMILY – FRIENDS – DOCTORS – REHAB CENTER – KINDERGARTEN – SCHOOL – SUPPORT FAMILY – SHORT BREAK PLACE

PRESENTER: Evelyn Rodriguez, carer

ORGANIZATION: Individual carer

COUNTRY: Iceland

D1.2

Lower Silesian Family Support Center.



DAY CARE – INDIVIDUALIZED SUPPORT – COMPREHENSIVE SUPPORT – CROSS-SECTORAL COOPERATION – ASSISTANCE – RESPIRE CARE – FAMILY SUPPORT

PRESENTERS: Aleksandra Bojo – Project Officer. Dominika Woźniewska – Family Support Coordinator. Anna Jeżowska-Siwek – Social Services Coordinator

ORGANIZATION: Promyk Słońca Foundation

COUNTRY: Poland



Workshop sessions are divided into four blocks A1, B1, C1, D1, which take place at the same time.

A PARTICIPANT CAN ONLY PARTICIPATE IN ONE OF THE BLOCKS

Block E1 room S7

CENTER-BASED AND DAY CARE SERVICES - RESPITE INNOVATIONS

E1.1 Services provided in centers and day care services in the trend of deinstitutionalization.



OCZAMI BRATA HOUSE - INDEPENDENCE - HUMAN - DEINSTITUTIONALIZATION - ASSISTANCE - RESPITE - PERSON WITH DISABILITY

PRESENTER: Paweł Bilski, Founder and CEO of the Oczami Brata Foundation, CEO of the Social Enterprise "Jasne, że alternatywa 21", Social Care Specialist and Manager, academic teacher, actor
ORGANIZATION: Oczami Brata Foundation
COUNTRY: Poland

E1.2 Building the Bridge as We're Crossing It: Providing Respite in Extraordinary Times.



COMMUNITY - PANDEMIC - CREATIVITY - INDIVIDUALIZED SUPPORTS - INNOVATIVE - CHALLENGES - VICTORIES

PRESENTER: Lisa Ellacott, Family Resource Facilitator and Casey Rowlinson, Supervisor of Services, Wesway
ORGANIZATION: Wesway
COUNTRY: Canada

Block F1 room S8

TECHNOLOGY AND SOFTWARE IN CARE SERVICES - RESPITE INNOVATIONS

F1.1 Technology and software in care services: bases for an R&D research and development project in Chile.



RESEARCH - SCIENCE - TECHNOLOGY - DEVELOPMENT - CARE - INDIVIDUAL SUPPORT, - CONNECTIVITY

PRESENTER: Cecilia Bastias Parraguez, Academic teacher and researcher at the Department of Social Work at the Universidad de La Frontera, Sofía Ignacia Gazmuri Bastías, psychology student, Universidad de La Frontera
ORGANIZATION: Universidad de La Frontera of Chile
COUNTRY: Chile

F1.2 Developing an integrated short breaks innovation fund in England.



SHARE EXPERIENCE OF CROSS-SYSTEM WORKING - TRANSFORMING SHORT-BREAKS

PRESENTERS: Janet Collins, Policy Lead, Department for Education in England, Scarlett Milward, Programme Lead NHS England
ORGANIZATION: Department for Education and NHS England
COUNTRY: United Kingdom, England



Workshop sessions are divided into four blocks E1, F1, G1, H1, which take place at the same time.

A PARTICIPANT CAN ONLY PARTICIPATE IN ONE OF THE BLOCKS

Block G1 plenary room

COMMUNITY BASED SUPPORT PROGRAMS - INCLUSIVE TOURISM, ACTIVITY- AND ADVENTURE-BASED SUPPORT

G1.1 The Quiet Power of Siblings.



SIBLING SUPPORT - EVENTS AND ADVENTURES - SAYING THE UNSAID

PRESENTER: Jo Chopra-McGowan, Co-Founder and Executive Director, Latika Roy Foundation
ORGANIZATION: Latika Roy Foundation
COUNTRY: India

G1.2 Small servings of respite = a big community feast



COMMUNITY - FUN - VOLUNTEERS - BEFRIENDING- TRAVEL - LEARNING DISABILITIES - BELONGING

PRESENTER: Stefanie Poletylo, Area Coordinator
ORGANIZATION: Interest Link Borders
COUNTRY: United Kingdom, Scotland

Block H1 room S6

RESPITE INNOVATIONS

H1.1 Short Breaks Beyond Breaks.



INNOVATIVE SERVICE - INTELLECTUAL DISABILITY - FAMILY-CENTRED APPROACH - QUALITY OF LIFE

PRESENTERS: Tamara Kralj, clinical psychologist, Martina Pavić, Team Leader and Coordinator
ORGANIZATION: Center for Rehabilitation Zagreb
COUNTRY: Croatia

H1.2 Inclusive Innovation - A 'How To' Session on Building Better Breaks Together.



INCLUSIVE - INNOVATION - CODESIGN - CREATIVE - OUTCOMES - HOMES - ENGAGEMENT

PRESENTERS: Janeen Halliwell, Inclusive Innovation Consultant, People Minded Business Inc. Catharine Shanahan, Executive Director, Family Respite Services
ORGANIZATION: Family Respite Services, People Minded Business
COUNTRY: Canada



8.00–9.00

Coffee with the ISBA Committee

- ☰ Meet the ISBA International Committee in order to understand better our goals, activities and plans. We are open to everyone who wants to co-create with us the future of the organization and build better breaks for those who need them.

9.00–10.30

Plenary session

- ☰ Changing my family, changing the world.
Marta Campo, Director of Federació Catalana d'Autisme, Catalonia, Spain
- ☰ The Development of the Short Breaks Service in the Context of Contemporary Social Policies – experience from Croatia.
Martina Zelić, Advocate for persons with intellectual disabilities and coordinator of sheltered housing staff, Center for Rehabilitation Zagreb, Croatia

10.30–11.00

Coffee break

11.00–12.30

Plenary session

- ☰ An experience can change a life!
Saeed Zaoori, Founder of Iranian Adventurers with Disabilities, Iran
- ☰ Sherpas of Hope – how to make mountain dreams of persons with disabilities come true.
Krzysztof Sobczyk, Mathematician, educator and coach, Polish Scouting and Guiding Union - Silesian Banner, Poland

12.30–13.30

Lunch

13.30–15.00

Workshop sessions

15.00–15.30

Coffee break

15.30–17.00

Workshop sessions

17.30–19.30

Social program

20.00

Party time

- ☰ Join us for drinks and music in one of Wrocław's pubs.

Location: Recepcja Pub, ul. Ruska 46C, Wrocław

Block A2 room S8

RESPIRE INNOVATIONS – CENTER-BASED AND DAY CARE SERVICES

A2.1 Building Better Breaks through Research and Evaluation.



RESEARCH – EVALUATION – STUDENTS – LATINX – SURVEY – CHILDREN – FAMILIES

PRESENTER: Kim Whitmore, PhD, RN, CPN, Assistant Professor, Marquette University College of Nursing, Tyler Engel, BS, Project Coordinator, Advocate for people with disabilities, Leader of advocacy groups

ORGANIZATION: Marquette University

COUNTRY: USA

A2.2 Granting Impact: Emergency Respite Systems and Other Supportive Grant Programs.



URGENT SITUATION – RELIEF – COMFORT – SUPPORT – CRITICAL – ASSISTANCE – WELL-BEING

PRESENTER: Leslie Thede, Program Support Specialist

ORGANIZATION: Respite Care Association of Wisconsin

COUNTRY: USA

Block B2 room S6

INCLUSIVE TOURISM, ACTIVITY- AND ADVENTURE-BASED SUPPORT – RESPIRE INNOVATIONS

B2.1 From Short Break to independent living – the mountains will connect us.



TOURISM – AVAILABILITY – INCLUSIVENESS – ADVENTURE – INDEPENDENCE – CHANGE OF HABITS – BREAK

RESENTER: Halina Bernatt, Manager of the National Network of Social Tourism in Poland

ORGANIZATION: Ładne Historie Foundation,

COUNTRY: Poland

B2.2 Building Better Ways to tell the Short Breaks Story! How to create and share the value and impact of short breaks/respites.



EVALUATION – DATA-VISUALIZATION – STORYTELLING – SUCCESS – ADVOCACY – MESSAGING

PRESENTER: MaryJo Alimena Caruso, M.Ed. FRIENDS National Center for CBCAP, Pittsburgh, Casandra Firman, Senior Staff and Evaluation Consultant, ARCH National Respite Network & Resource Center

ORGANIZATION: ARCH National Respite Network

COUNTRY: USA



Block C2 plenary room

INCLUSIVE TOURISM, ACTIVITY- AND ADVENTURE-BASED SUPPORT – COMMUNITY BASED SUPPORT PROGRAMS

C2.1 For(r)est – nature-based therapies for people with disabilities.



NATURE – ADVENTURE – OUTDOOR – REST – SELF-DEVELOPMENT – CREATIVITY – INCLUSION

PRESENTERS: Magdalena Kowalska - psychologist and trainer in Adventure Therapy, Agata Włodarczyk - Bucharowska - socio-therapist, therapy climbing instructor and trainer in Adventure Therapy, Magdalena Stempska - kayaking instructor, coordinator and trainer in Adventure Therapy

ORGANIZATION: Imago Foundation

COUNTRY: Poland

C2.2 Nature and friendship can heal – respite breaks for mothers and children suffering from war trauma



NATURE – ACTIVITIES – WAR REFUGEES – ADAPTATION IN A FOREIGN COUNTRY – INCLUSION – PSYCHOLOGICAL HELP – FUTURE

PRESENTERS: Michal Cancik, CEO of Regional Volunteering Center Liberec, Lucie Nováková The host of a seven-year-old boy with autism. She works as a volunteer coordinator, communication and PR assistant at the Regional Volunteer Center in Liberec

ORGANIZATION: Regional Volunteering Center Liberec

COUNTRY: Czech Republic

Block D2 room S7

INCLUSIVE TOURISM, ACTIVITY- AND ADVENTURE-BASED SUPPORT – RESPIRE INNOVATIONS

D2.1 People who care: The challenges of caring for people with disabilities in Chile.



PILOT – DAY CARE SERVICES – SUPPORT CENTER – METHODOLOGY – RESEARCH

PRESENTER: Matías Poblete Sandoval, President and founder of FCHD, Catalina González Maldonado, Social worker, Maria Jose Salazar Soto, Social worker

ORGANIZATION: Fundación Chilena para la discapacidad (FCHD)

COUNTRY: Chile

D2.2 40 faces of Short Break Haus Brücke.



PHOTOGRAPHY – EYE-CATCHER – SELF-CONFIDENCE – DIVERSITY – INCLUSION – ACTIVATING – ENRICHMENT

PRESENTERS: Andreas Karger, Manager of Short Break Haus Brücke, Theresa Scholle, employee of Short Break Haus Brücke- Mika W. and Callum Mc G. – Short Break guests

ORGANIZATION: Bethel

COUNTRY: Germany



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Block E2 plenary room

IMMIGRANTS SUPPORT – CENTER-BASED AND DAY CARE SERVICES – RESPITE INNOVATIONS

E2.1 | Processes of including migrants in support systems – goals, challenges.



SUPPORT FOR PARENTS OF CHILDREN FROM UKRAINE - SHORT BREAK - INCLUSION IN THE SUPPORT SYSTEM – RESEARCH – RECOMMENDATIONS – INTEGRATION - SOCIAL POLICY

PRESENTERS: Anna Janus PhD, expert of the Imago Foundation, lecturer at the Pomeranian University, Barbara Górka, Expert in the area of personal assistance and short breaks, career counsellor, co-author of the innovative Personal Assistance Center model
ORGANIZATION: Imago Foundation
COUNTRY: Poland

E2.2 | Respatiality – Strengthening Our Community Through Hospitality.



RESPITE – COMMUNITY – FAMILIES – ADVENTURE – COLLABORATION – FRIENDS – FUN

PRESENTERS: Connie Locking, Adult Respite Manager. Kristy Bodkin, Children's Respite Manager.
ORGANIZATION: Community Living Sarnia-Lambton
COUNTRY: Canada

E2.3 | Building Together: Using a Co-Design Approach to Empower People with Disabilities.



CHOICE - INNOVATION - PERSON-DIRECTED - PARTICIPATORY DESIGN - COMMUNITY - TOGETHER - SERVICE INNOVATION

PRESENTERS: Jennifer Steffler (she/her) | Director – Community Participation Supports & Respite, Brad Saunders, Chief Executive Officer
ORGANIZATION: Community Living Toronto
COUNTRY: Canada

Block F2 room S7

CENTER-BASED AND DAY CARE SERVICES – RESPITE INNOVATIONS

F2.1 | Communities Building Better Breaks Together.



HOMESHARING

PRESENTERS: Erin Scott, Link Social Worker, Ruth Kneafsey, Home Share Co-ordinator, Western Care Association, Co Mayo.
ORGANIZATION: Western Care Association
COUNTRY: Ireland

F2.2 | Respite House and Round the Clock Care specialized in palliative care.



SPECIALIZED RESPITE CARE – HOSPICE - TERMINALLY ILL CHILDREN - PARENTS OF SICK CHILDREN - REST IS A DUTY - SYSTEMIC ACTION - SUPPORT

PRESENTERS: Beata Hernik-Janiszewska, CEO of Wrocławskie Hospicjum dla Dzieci Foundation
ORGANIZATION: Wrocławskie Hospicjum dla Dzieci Foundation.
COUNTRY: Poland

Blok G2 room S6

INCLUSIVE TOURISM, ACTIVITY- AND ADVENTURE-BASED SUPPORT – RESPITE INNOVATIONS

G2.1 | How Respatiality has helped the tourism industry open their doors (and their hearts) to unpaid carers in Scotland.



INCLUSIVE SHORT BREAKS WITHIN THE TOURISM INDUSTRY

PRESENTER: Kerry Donaghey, Respatiality Manager with Shared Care Scotland
ORGANIZATION: Shared Care Scotland
COUNTRY: United Kingdom, Scotland

G2.2 | Comfort for all.



COMFORT – CHANGING PLACE – ACCESSIBILITY – DIGNITY - HUMAN RIGHTS – INCLUSION – SENIORS – INTIMACY

PRESENTER: Anna Bieganska – Skóra, Assistant teacher at the Department of Pedagogics and Health Education
ORGANIZATION: Lubelskie Region Disability Forum – Regional Board, Maria Curie-Skłodowska University
COUNTRY: Poland

G2.3 | Making Memories in Inclusive and Creative Communities.



MEMORIES – TOGETHER – FAMILIES – COMMUNITIES – ACCESSIBLE – FUN - VALUED

PRESENTER: Fiona Souter, PAMIS Inclusive Communities Director, Maureen Phillip, PAMIS Creative Communities Director
ORGANIZATION: PAMIS
COUNTRY: United Kingdom, Scotland

Blok H2 room S8

INCLUSIVE TOURISM, ACTIVITY- AND ADVENTURE-BASED SUPPORT – RESPITE INNOVATIONS

H2.1 | Risk considerations when planning activity-based supports!



DOWNHILL SKIING - INCLUSIVE TOURISM - ACTIVITY – ADVENTURE

PRESENTER: Rainer L. Strassberger, CEO of 'Connections Plus Australia' (16 years), a medium sized Disability Service provider based in Merimbula
ORGANIZATION: Connection Plus
COUNTRY: Australia

H2.2 | Waiting to Exhale.



SUPPORTIVE – FUN – RELATABLE - REAL-LIFE – INTERACTIVE - COMMUNITY-MINDED - FAMILY-MINDED

PRESENTER: Roz Tandy, Founder and Executive Director, It's You AND Me, Inc.
ORGANIZATION: It's You AND Me
COUNTRY: USA



Workshop sessions are divided into four blocks E2, F2, G2, H2, which take place at the same time.

A PARTICIPANT CAN ONLY PARTICIPATE IN ONE OF THE BLOCKS

17.30–19.30
Social program

- ☞ You can join either Tour 1 or Tour 2, both are wonderful ways to discover the city's beauty and history by walking.
Sightseeing tours are led by a licensed city guide.

Tour 1



☞ See the Old Town and discover Wrocław's history...

Itinerary:

Nave (souvenir of the European Capital of Culture 2016) / Market Hall / The National Institute of the Ossolińskis / Wrocław University / Jatki Street / The St. Elisabeth Church (Basilica) – the 18th century organ by Michael Engler / the Basilica bell tower (scenic point on top of a 75 metre-tower / no elevator available) / „Jaś i Małgosia” ("Hansel and Gretel") / Main Square – City Hall

Time and meeting place: **17:30 in front of Concordia Design**

Time: **Around 2 h.**

Language: **English**

Parts of the tour will not be accessible to wheelchair users (the bell tower).

Tour 2

☞ See the most beautiful and the oldest part of the city and discover the treasures of Ostrów Tumski



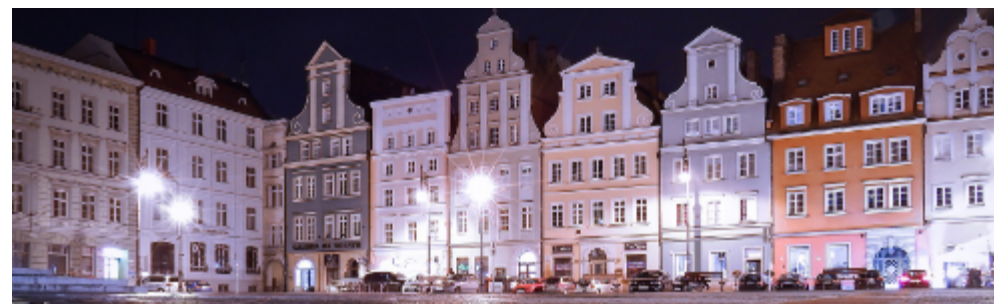
Itinerary:

Tumski Bridge / Orphanotropeum / Holy Cross Collegiate Church / the Suffragan Bishops' Palace / Cathedral of St. John the Baptist (the silver altar of bishop Andreas von Jerin) / the legend of the Dumpling Gate / University of Wrocław's Botanical Gardens (without visiting the facility) / St. Martin's Church – archaeological site in the basement of the congregation of the Sisters of the House of Notre Dame – statue of John XXIII

Time and meeting place: **17:30 in front of Concordia Design**

Time: **Around 2 h.**

Language: **English**



8.00–9.00

Coffee welcome

9.00–9.45

Plenary session

 **Legislation panel. Carers-friendly policy
– regional strategies and support programs**

Hetman Petr Tulpa, Libereckí kraj, Czech Republic.

Marshall Marcin Krzyżanowski, Lower Silesian Voivodeship, Poland

Don Williamson, CEO of Shared Care Scotland, United Kingdom

Moderator: Piotr Kuźniak, CEO of Imago Foundation,
Regional Disability Board - Lower Silesia, the President of ISBA, Poland

9.45–10.30

Plenary session

 **Legislation panel. Carers support around the globe:
challenges, resources, policies, common goals.**

Ivana Hrvoj, Social Worker, Short Break Service Developer,
Rehabilitation Center Zagreb, Croatia

Lyzaveta Drannikova, Project Officer at the European Association
of Service Providers for Persons with Disabilities, Belgium

Jo Chopra-McGowan, Co-Founder and Executive Director,
Latika Roy Foundation, India

Moderator: Jerzy Komorowski, Director of Social Affairs and Labour
Market Department at the Marshal's Office of Lower Silesia, Poland

10.30–11.00

Coffee break

11.00–12.30

Plenary session

 **Break Exchange Networking Session.
The Building Respite Evidence and Knowledge (BREAK).**

Join members of the BREAK Exchange for a casual networking hour to learn more about respite happenings around the world! The Building Respite Evidence and Knowledge (BREAK) Exchange is an international group of researchers, respite providers, agencies, and individuals who are committed to building a culture of evidence-based respite care. Our mission is to provide members with opportunities to connect and learn from and with each other, in order to advance respite policy, practices, and research around the world. Learn more at www.breakexchange.org

Kim Whitmore, PhD, RN, CPN, Assistant Professor,
Marquette University College of Nursing, USA

 **Queer, crip and sex. Presentation and film screening:
Sexuality and gender among people with disabilities.**

Remigiusz Kijak, Professor, special needs educator, specialist in sexology.
Laksa Kobas, Photographer, screenwriter, director, visual artist

12.30–13.00

Coffee break

13.00–14.00

Plenary session

 **In times of war and over the borders:
Ukrainian war immigrants support for persons
with disabilities and their families.**


M. Nastaga, Fundraising Director, Potrafię Pomóc Foundation, Poland

 **Closing ceremony and invitation to
ISBA 2025 Conference**

15.45–18.00

Social program

15.45 Social program

-  You can join tour 3, 4 all are wonderful ways to discover the city's beauty and history.
 Sightseeing tours are led by a licensed city guide.

Tour 3



Boat cruise on the Odra River

A cruise on the Wrocław Water Junction – commented by a licensed city guide. It is operated by a white fleet ship equipped with an open viewing deck and closed deck - enabling the trip in case of bad weather conditions. Maximal ship capacity 120 people.

Time and meeting place:
15:45 in front of Concordia Design
 Time: **Around 2 h.**
 Language: **English**

The marina is accessible to wheelchairs.

The boat crew will provide support in getting to the open deck of the boat.

Programme:
 10 minutes' walk to Teatralna Marina.
 Boat cruise from Theater Marina / Ostrów Tumski / National Museum/ Grunwaldzki Bridge / house on the water / POLINKA cable car / ZOO - Przekop Opatowicki cableway (return to Teatralna harbor next to the Fine Arts Academy)
 The route of the cruise may differ from the assumed plan (depending on the water level).

Tour 4



Kayaking on the Oława River

Kayaking down the Oława River (Grunwaldzki Bridge, Hydropolis, Niskie Łąki, Siedlecka Footbridge, the Hollender Family Palace - recreational tour, approx. 3km). During the kayaking tour, the tour organizers will provide the following: equipment (kayaks, paddles), safety equipment (life jackets, other safety equipment), qualified and experienced water-tourism instructors.

Time and meeting place: **15:45 in front of Concordia Design**
 Time: **Around 2 h.**
 Language: **English**
Not accessible to wheelchair users.



Conference Organisers



 fundacja
imago

IMAGO FOUNDATION – established in 2009 r. Imago is a national leader in the development of personal assistance and respite services, the implementer of 6 national service programs in 2 regions for approx. 450 people annually. An organization networking institutions on national and international level.

The foundation provides trainings for professionals, initiates research and development projects. Imago is a credible partner for public administration in the process of designing better social policy.

The foundation implemented over 100 projects financed from national or foreign resources. We are an active member of international and national federations, such as ISBA, EASPD, Polish Union of Supported Employment.

Read more: www.fundacijaimago.pl



POTRAFIĘ POMÓC FOUNDATION – established in 2008 by parents providing care for children with developmental defects. Our aim is to support the whole family: children, young adults, adults with disabilities, in particular with rare or very rare diseases. The foundation is responsible for running Therapy and Assessment Center of Rare Diseases, Respite Appartement, Accessibility Institute, Education and Rehabilitation Center for Unique Children, Kindergarten and the first in Poland School of Childbirth for persons with disabilities. In 2021 we have supported over 10 000 people with disabilities.

To learn more visit our website:

www.potrafiepomoc.org.pl

www.centrum.potrafiepomoc.org.pl

BONITUM - the Wrocław Association for People with Intellectual Disabilities - was founded in 2014 as an initiative of parents caring for adults with intellectual disabilities. Since 2018, it has been managing the BONITUM Community Self-Help House, organizing assisted living and respite care. The organization develops inclusive hiking trips, collaborates with the Polish Scout organisation, participates in numerous Special Olympics competitions and is a partner in the Job Coach project. BONITUM takes part in scientific conferences, international projects and has co-produced award-winning movies.

Read more: www.bonitum.org



 BONITUM

THE NICE STORIES FOUNDATION - operates in Lower Silesia, mainly in the area of culture, education, animation and accessibility. These include original programs for children and youth ("Summer in the backyard" in Świdnica and "Children and Youth Development and Activity Center" in Wrocław), creative workshops and inspiring meetings for adults and the elderly ("Plac Grunwaldzki AGAIN" in Wrocław). An important area of the foundation's work is the accessibility of culture and tourism for people with disabilities and their families ("We are connected by mountains") - these are programs in the field of respite care and social tourism, covering not only people with disabilities, but above all their families. The Foundation inspires cooperation, inspires creativity and encourages creation, teaches mutual respect and empathy, mobilizes local communities and creates an ever-growing group of people who want to do something for others.

Read more: www.ladnehistorie.pl/en



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